

Research & Publication 2022

- 2022 saw most of its activity being conducted under “Azadi Ka Amrut Mahotsav” celebrating India@75. The agenda was to conduct 100 plus activities comprising of competitions, awareness programmes, talks, street play, seminars, webinars, articles, leaf lets, medical camps, etc to mark the 75 glorious years of Independent India. AMC successfully completed 165 plus activities.

Publication:

BOOKS / MONOGRAPHS			
Sl. No.	Name of the Teacher	Name of the Book / Monograph / Published in the Month and Year	Name of the Publisher with place
1.	Dr. Byresh A., Dr. Ashwini N	Segregation & Management of Biomedical Waste in Ayurveda Hospital as per BMWM Rules	IJAPC, Vol 15, Issue 1
2.	Dr. Ashwini N.	Manasika Asamatolana Haagu Nivaranopayagalu	Vaidya Loka – Kannada Magazine
3.	Dr. Rohini	Non Alcoholic Fatty Liver Disease	Vaidya Loka, May 2022 edition – Kannada Magazine
4.	Dr. Rohini	Fatty Liver	Sudha – Kannada Magazine, 8 Sep 2022
5.	Dr. Rohini	Ayurvedic Perspective of Hepatobiliary Diseases	EJBPS, Sept 2022

Presentation:

Sl. No.	Date of Presentation	Presenter	Topic	Event
1	17.01.2022	Dr. Byresh A	Introduction to Ayurveda	Webinar on Glory of Ayurveda by Seshadripuram Evening Degree College, Bengaluru
2	19.01.2022	Dr. Ashwini N.	Dinacharya – The Daily Regime	Webinar on Glory of Ayurveda by Seshadripuram Evening Degree College, Bengaluru
3	21.01.2022	Dr. Chaitanya Y. N.	Ritucharya – Adanakala	Webinar on Glory of Ayurveda by Seshadripuram Evening Degree College, Bengaluru
4	24.01.2022	Dr. Veena G. D.	Ritucharya - Visargakala	Webinar on Glory of Ayurveda by Seshadripuram Evening Degree College, Bengaluru
5	27.01.2022	Dr. Sahana S.	Ahara Vidhi Vidhana	Webinar on Glory of Ayurveda by Seshadripuram Evening Degree College, Bengaluru
6	16.06.2022	Dr. Prakruthi S	Menstrual Hygiene	Awareness Programme
7	05.06.2022	Dr. Amarnath B V B	Raktamokshana & Agni Karma – Key note address	Agnivesha Ayurveda Anustana, Bengaluru
8	28.07.2022	Dr. Sudheendra Honwad	Skills of Article Writing for Journals	Jigyasa – National Arogya Fair 2022, Bengaluru

RESEARCH

Research Projects completed during 2022

Name of the Students	Project Code and Faculty	Name of Project
Rachana M	UG21AYU095/Ayurveda	Effect of Jala-sevana wrt food consumption on body weight, BMI and skinfold thickness in lean, normal, pre obese and obese participants.
Smruthi T R	UG21AYU094/Ayurveda	An Epidemiological survey to assess the effectiveness of Ayurvedic Immune Boosters (AIB) in preventing disease wrt SARS COVID – 19
Sneha R	UG21AYU093/Ayurveda	A Phyto-Chemical analysis of 'Kadali kshara, a pratisainiya kshara prepared using gomutra and jala as a solvent medium for kshara preparation.
Yashwanth B	UG21AYU091/Ayurveda	ALT and AST as markers of Vyayamajanita shrama- An analysis wrt Deha Prakriti.
Krupanka H M	UG21AYU092/Ayurveda	In-vitro anti-microbial activity of Gandhaka Malahara

On Going Research Projects

Name of the Students	Project Code and Faculty	Name of Project
Chaya K.	UG22AYU045/Ayurveda	Balya and Brimhana effect of Ashwagandha Ksheera Paka in Karshya individuals.
Rushda Begam A	UG22AYU065/Ayurveda	An Observational study on effect of juice of Shigrupatra as Pathya in Hypertension
Likitha Lokesh	UG22AYU149/Ayurveda	Critical Analysis of "Stambha" of Vataja

		Nanathmaja Vyadhi explained in Charaka Samhita – Anatomical Review.
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- A multi-centre study to assess the treatment adherence and tolerability of Ayush SR in Generalized Anxiety Disorder has been sanctioned to AMC from CCRAS, New Delhi.