

## Research & Publication-2021

### Research Projects of UG students - On going

Rachana M	UG21AYU095/ Ayurveda	Effect of Jala-sevana wrt food consumption on body weight, BMI and skinfold thickness in lean, normal, pre obese and obese participants.
Smruthi T R	UG21AYU094/ Ayurveda	An Epidemiological survey to assess the effectiveness of Ayurvedic Immune Boosters (AIB) in preventing disease wsrt SARS COVID - 19
Sneha R	UG21AYU093/ Ayurveda	A Phyto-Chemical analysis of 'Kadali kshara, a pratisainiya kshara prepared using gomutra and jala as a solvent medium for kshara preparation.
Yashwanth B	UG21AYU091/ Ayurveda	ALT and AST as markers of Vyayamajanita shrama- An analysis wsrt Deha Prakriti.
Krupanka H M	UG21AYU092/ Ayurveda	In-vitro anti-microbial activity of Gandhaka Malahara

### Research Projects of UG students - Completed

<b>Name of the Students</b>	<b>Project Code and Faculty</b>	<b>Name of Project</b>
Sherle Shalom C	UG20AYU109/ Ayurveda	An Epidemiological Survey to Evaluate the Prevalence of Agnivikruthi in Subjects with Nidra Viparyaya with Special reference to Amlapitta.
Evangelin Lawrence V	UG20AYU110/ Ayurveda	Shitali Pranayama And Its Impact On Autonomic Nervous System W.S.R. To Body Temperature – An Observational Study.
Jahnavi Girish Honnali,	UG20AYU113/ Ayurveda	“An observational study to explore association of Prakriti Vis-à-vis lachrymal secretion using Schirmer’s Test”,

### Publication by staff of AMC

<b>Sl. No.</b>	<b>Name of the Teacher</b>	<b>Name of the Book / Monograph / Published in the Month and Year</b>	<b>Name of the Publisher with place</b>
1	Dr. Byresh A.	How to cope with COPD?	TDU Heritage Amruth, Medplan Conservatory Society, Bengaluru.
2	Dr. Byresh A.	Diarrhoea: Manage it wisely.	TDU Heritage Amruth, Medplan Conservatory Society, Bengaluru.
3	Dr. Byresh A.	Understanding Mental Disorders in Ayurveda Spring 2019	Ayurveda Journal of Health
4.	Dr. Byresh A., Dr. Ashwini N	Segregation & Management of Biomedical Waste in Ayurveda Hospital as per BMWM Rules	IJAPC, Vol 15, Issue 1

**PUBLICATION IN JOURNALS BY STAFF OF AMC DURING 2020**

SI.No	Name of the Teacher, Title of Research Publication / Article in Original language	Reference to the Journal and its issue in which it is published			
		Vol No.	Month	Year	Page No. etc.,
1	Dr. Sudheendra V. Honwad, A Review of Haratala (Arsenic Trisulfide) and its Management in Ayurveda and Contemporary Science	Int. J. Pharm. Sci. Rev. Res., 58(1)	Sep – Oct	2019	131 – 137
2	Dr. Gireesh Raj, Clinical Utility of Kshara Karma in Surgical Practice	Wjpls, 2019, Volume 5, Issue 12	December	2019	201 - 207
3	Dr. Ayana Raj, A systemic Review of article on Pratishyaya (Allergic Rhinitis)	International Journal of Ayush Volume 9 Issue 4	Oct-Dec 2020	2020	53-66